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Killearn Estates  Community Newsletter

NOVEMBER 15, 2017



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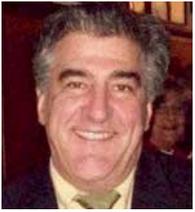
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Executive Director Message

The Physiology of Appreciation

It is widely acknowledged that negative attitudes can be unhealthy. Conversely, it turns out that positive feelings of gratitude can actually bolster your health. If you perceive the motives of those around you as being mean and/or frustrating, you're likely to be more focused on living in a world that is mean and frustrating. But really - most people are doing the best they can under the circumstances. If you can find any genuine reason to give thanks - and focus on that - there is research to suggest that you will be end up healthier and happier.

It may all come down to what you focus on. You can choose to look in this direction - or you can choose to look in that direction. The important thing is that we usually do have a choice. With regards to the physiology of appreciation, you can focus on what you have - or you can focus on what you lack.

Life is rarely perfect, but often the difference between winning and losing is comes down to random events so subtle that we can only marvel at the odds. When we focus on how lucky we are to have what we have, it tends to inspire a feeling of gratitude. And in fact, there is a growing body of research to suggest that gratitude itself is quite significant in terms of its physical and psychosocial benefits.

According to the research, true feelings of appreciation can synchronize brain and heart rhythms, creating a body-wide shift to a scientifically measurable state called "coherence." In this optimal state, the body's systems function more efficiently, generating a greater balance of emotions that also facilitate increased mental clarity. Sustained feelings of gratitude have other benefits as well, including:

- ☘ Favorable changes in the body's biochemistry include improved hormonal balance and an increase in what are called "anti-aging hormones."
- ☘ Boost to the immune system, which serves as the first line of defense against pathogens, increases in the body.
- ☘ The accumulated effect of any emotion reinforces the neural pathways of that particular emotion as it excites the brain, heart and nervous system.

So in that context, let's step back and look at the big picture. The Earth exists as a pinpoint of habitable atmosphere in an incalculable expanse of unlivable universe that averages -454 degrees (that's negative 454 degrees!). 71 percent of the Earth's surface is covered with water, and about 57 percent of the land surface area is desert or unduly mountainous. Subtracting this uninhabitable land from the total land area leaves approximately 25 million square miles of habitable land. Killlearn Estates sits within a relatively small temperate band that stretches around the planet, where the temperature fluctuates between not too hot and not too cold. It is truly one of the most livable areas on Earth.

Then we might even consider timing. The average length of a civilization is 349 years. The Holy Roman Empire lasted almost 800 years, and the Eastern Roman Empire (Byzantium) lasted for approximately 1100 years. China has the longest continuous history of any culture in the world (3,500+ years), but most civilizations have been pretty short-lived. And here we are, living in arguably the most advanced society ever, at the height of modern civilization. Although some have suggested that America is not all that great these days, I would argue that we're currently doing pretty well. We all have difficulty in our lives - and there's always plenty of room for improvement - but it could be a lot worse. Much of the world is in a constant state of turmoil. We have an awful lot to be thankful for here.

And yet, you can choose to focus on anything you want. The world gives us plenty of reasons to be angry. But there are also many reasons to cultivate an attitude of gratitude. The research suggests that when you do this, things don't just look better - they may actually get better. Thankfulness feels good. It's good for you, and it's good for the people around you too! ☘



President Message

In this issue we celebrate and appreciate the many volunteers that have been helping to create a strong and vibrant community. Just this month we've had groups working to clean up the bridal paths, and also the lake shores. Others have donated their time and materials to upgrade our parks. Meanwhile, several committees are diligently working to solve larger problems related to maintaining our lakes and our property values. We on the Killlearn Board of Directors extend our deepest gratitude for these efforts. ☘

- John Paul Bailey

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KHA Scheduled Holidays & Upcoming Events

Your Association's staff is available Monday through Friday from 8:30 am to 4:00 pm.

Thru December 5th – Toys for Tots box available for donations at the KHA Office located at 2705 Killarney Way 8:30am to 4:00pm

Thursday/Friday, Nov. 23 & 24 – KHA offices closed for Thanksgiving

Tuesday, Dec. 5 – The KHA Board of Directors meeting will be held at 7pm in the conference room of the association office located at 2705 Killarney Way. Residents are invited and welcome.

Thursday, Dec. 7 – Tree Harbor Lakes Meeting starts at 7pm – 2974 Bay Shore Drive

Monday, Dec. 11 – Deadline for submission to enter the Griswold Holiday Decorating Contest

Wednesday, Dec. 13 – Annual Holiday Open House at the KHA office at 2705 Killarney Way, 5-7pm. Residents are invited and welcome.

Friday, Dec. 15 – Deadline for putting up decorations for the Tree Harbour neighborhood's annual holiday decorating contest. Decorations will be judged based on how they look both during the day and at night. The winner will be notified Monday, December 19, and a sign will later be displayed in the winner's yard. The prize will be a gift certificate for Publix. For details about entering, contact Pat Curtis at pacurtis117@gmail.com.

Monday/Tuesday, Dec. 25 & 26 – Christmas Holiday, KHA Office Closed

Monday, Jan. 1 – New Year Holiday, KHA Office Closed

Tuesday, Jan. 2 – The KHA Board of Directors meeting will be held at 7pm in the conference room of the association office located at 2705 Killarney Way. Residents are invited and welcome.

Please join us for KHA's Annual Open House

Wednesday December 13th 5-7 pm



Volunteers are removing "tagged" trees at Fermanagh Park. Please allow them to work undisturbed. They are saving KHA tree removal costs.



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Recap of the 2017 Annual Members Meeting



Charley Schwartz, recipient of Volunteer of the Year Award

We had slightly less than 50 attendees this year, and the overall mood of the crowd was quite positive. John Paul Bailey kicked off the meeting at just a few minutes after 7pm. The board was introduced, along with KHA staff and the new Executive Director – who made a brief presentation on this year's

accomplishments, and expectations for the next year. The Chair of the Maintenance Committee presented Charley Schwartz with the Killearn Estates Volunteer of the Year Award, and committee reports followed. Questions and comments that emanated from the crowd were constructive and collaborative. A few new homeowners introduced themselves, a few of the old-timers expressed their concerns for the community, and a good time was had by all. The following statistics were put forth:

Operations

- ☘ 290 ACC Applications Processed
- ☘ 662 Violations Processed
- ☘ 142 homes sold within the Community
- ☘ 82 assessment accounts went to collections
- ☘ 62 collections have been paid, leaving 20 liens filed
- ☘ We still need two more signatures in unit 33 to reach the necessary threshold for Covenant Revitalization.

2017 Achievements

- ☘ Sidewalk project is mostly completed (still to finish: Shamrock)
- ☘ Banking improvements:
 - ☘ established proper reserve accounts to insure FDIC compliance,
 - ☘ offering credit card payments for assessments,
- ☘ Upgraded 55% of community member contacts (do we have your email address?)
- ☘ Actively working to improve community relationships with City of Tallahassee, KCC, other large scale communities, local businesses
- ☘ New lighting and landscaping at the main entrance on Thomasville Rd.
- ☘ Complete review of all maintenance needs & development of 5 year plan (thank you Gloria!)
- ☘ Finalization of Settlement Agreement with Killearn Country Club
- ☘ New & improved website
- ☘ Using the Killearn Phone App for push notifications – be sure to download yours!
- ☘ Shamrock South Park renovation is well underway

The audience gave a big round of applause for the efforts of Interim Director Diane Allewelt and the accomplishments of 2017. ☘

WE ARE THANKFUL FOR OUR VOLUNTEERS





Holiday Recipes

PUMPKIN SOUP

2 tablespoons olive oil
 1 leek, white part only, finely sliced
 ½ tsp. ground coriander
 ½ tsp. nutmeg
 1 large potato, peeled and diced
 ½ cup cream
 1 onion, finely chopped
 1 garlic clove, crushed
 1 tsp. ground cumin
 5 cups pumpkin, peeled and diced
 1 liter chicken or vegetable stock

Heat oil in large saucepan over low heat, add onion and leek and cook for 2-3 minutes, until softened. Add garlic and spices and cook, stirring for 30 seconds. Add pumpkin, potato and stock and bring to a boil. Turn heat to low, cover and simmer for 30 minutes. Allow to cool slightly before serving, top with cream, slightly stirred. Season and add more nutmeg on top, if desired. 🍀

VEGETARIAN WALNUT CHEDDAR LOAF RECIPE

A vegetarian alternative to Turkey - which can easily be molded into a turkey shape. Also delicious cold on sandwiches

Serves: 6 - 8

Preparation time: 40 minutes

Preheat oven to: 350 degrees

Baking time: 1 hour

Combine the following ingredients in a large bowl and set aside:

3 cups fresh whole wheat bread crumbs

1 cup ground walnuts

1 cup finely chopped walnuts

½ cup nutritional yeast

2 tablespoons tamari

½ cup tomato juice

Sauté in a large skillet over medium heat until translucent:

4 tablespoons butter

2 ½ large onions, finely chopped

3-4 cloves of garlic

Combine all of the above with:

2 well-beaten eggs

1 cup grated cheddar cheese

¼-½ teaspoon salt

½ teaspoon black pepper

2 tablespoons dried parsley or ¾ cup minced fresh parsley

Press into well-oiled loaf pan and bake at 350 degrees for approximately 1 hour. Cover top of loaf with:

½ cup grated cheddar cheese

Bake for additional 10 minutes or until cheese is bubbly. Serve as is, or with gravy. 🍀



Briefs

CREAM CHEESE FROSTING

1 (16oz) pkg. powdered sugar
1 (8oz) pkg. softened cream cheese
1 cup chopped pecans
½ cup butter, softened
1 tsp. vanilla

Cream first 4 ingredients until well-blended; stir in pecans. 🍀

CARROT CAKE

- 3 cups grated carrots
- 2 cups all-purpose flour
- 2 cups sugar
- 2 tsp. baking soda
- 1 tsp. baking powder
- 1 ½ tsp salt
- 1 tsp ground cinnamon
- 4 eggs, well beaten
- 1 ¼ cups vegetable oil
- 1 tsp. vanilla
- Combine first 7 ingredients, stir in eggs, oil and vanilla, mixing well. Spoon batter into three greased and floured 9-inch round cake pans. Bake at 350 degrees for 30 minutes, or until wooden pick inserted in center comes out clean. Spread frosting between layers and on top of cake while still warm. 🍀

PINNACLE PECAN PIE

I have ALWAYS been a fan of pecan pie. My mother made one of the best I have ever had. About 15 years ago I ran across a combination that instantly got my attention. PECANS AND CHOCOLATE. I've never gone back to "just" pecan pie. Enjoy – Denny Alexander

CRUST

1 & 1/4 cups all-purpose flour
1 teaspoon granulated sugar
1/2 teaspoon salt

1/2 cup cold unsalted butter, cut into 1/2-inch cubes
2 to 4 tablespoons cold water

FILLING:

3 large eggs
1/4 cup unsalted butter, melted and slightly cooled
1/2 cup granulated sugar
1/4 cup firmly packed light brown sugar
1 cup light corn syrup
1 teaspoon vanilla extract

1/2 teaspoon salt
2 cup pecan halves
1 cup sweetened shredded coconut, toasted and cooled*
1 cup semisweet chocolate chips

THE CRUST:

1. Whisk together the flour, sugar, and salt in a large bowl. Add the butter and mix with a pastry blender or a fork until the mixture resembles coarse meal and the butter is the size of small peas.
2. Add 1 tablespoon of water and continue mixing. Add more water as needed, 1 tablespoon at a time, until a dough forms.
3. Shape the dough into a disc. Wrap the dough tightly in plastic wrap. Refrigerate for at least 2 hours.
4. Remove the dough from the refrigerator. If necessary, let it sit at room temperature for 10 to 15 minutes until slightly softened but still cold.
5. Lightly flour a work surface. Roll out the dough into a circle about 1/8-inch thick.
6. Transfer the dough to a 9-inch round pie pan. Trim and crimp the edges of the crust as desired. Place the pie pan in the refrigerator while you make the filling.

TO MAKE THE FILLING:

1. Preheat oven to 350°F.
2. Place the eggs in a large mixing bowl. Beat lightly.
3. Add the butter, sugar, brown sugar, corn syrup, vanilla, and salt. Stir until combined.
4. Stir in the pecans, coconut, and chocolate chips.
5. Transfer the filling to the crust. Place the pie plate on a lined, rimmed baking sheet to catch any spills.
6. Bake 50 to 60 minutes, or until the crust has browned and the filling is set.

*To toast the coconut, spread it in a single layer on a rimmed baking sheet. Bake in a 350°F oven for 10 to 15 minutes, stirring occasionally, until the coconut is toasted. 🍀

Fabulous Festivities & Fun at the Tallahassee Senior Center

Briefs
Around Town

It's the most wonderful time of the year and the Tallahassee Senior Center is always hopping with fabulous festivities, fun, and learning opportunities. There are so many great happening, below we highlight three exciting events!

Kick off your winter holidays with the TSC Foundation's premiere fundraiser, **Deck the Halls, on Fri. Dec. 1, 6:30 p.m., Tallahassee Senior Center Auditorium.** The evening features gourmet food, martini bar, live music by Jazz Etcetera, complimentary valet parking, and a \$500 cash giveaway. Shop for unique, one-of-a-kind gifts at the silent auction. Sponsored by Audiology Associates of North Florida and the Tallahassee Senior Center & Foundation. Tickets \$45. Group discounts available! Consider hosting your office holiday party at Deck the Halls and benefit Senior Services: 6 tickets for \$240 (\$30 discount); 8 tickets for \$310 (\$60 discount); 10 tickets for \$350 (\$100 discount). For more information or to purchase tickets online, visit www.TallahasseeSeniorFoundation.org, email Lisa.DollarCovert@talgov.com or call 850-891-4003.

Join us for a **LifeLong Learning Extravaganza Closing Luncheon! Dr. Greg Boebinger - Artistic Science and Scientific Art, Fri., Dec. 15, noon – 2 p.m. Tallahassee Senior Center.** Dr. Greg Boebinger, Director of the National High Magnetic Field Laboratory, performs research on high-temperature super conductors using the intense magnetic fields to suppress super conductivity. Dr. Boebinger, a recipient of numerous awards, and recently named a fellow of the American Academy of Arts and Sciences, has made appearances on the *History* and *Discovery Channels* and has written articles for *Physics Today* and *Scientific American*. He has a special interest in the historical development of materials research and the interplay of the Arts and Sciences. \$12 fee includes a delicious lunch. For more information or to register, email Maureen.Haberfeld@talgov.com or call 891-4033.



Make application to the Tallahassee Active Lifelong Leaders (TALL) program! TALL is a community leadership program for people age 50+, provided in partnership with the Tallahassee Chamber "Leadership Tallahassee Program." TALL's purpose is to provide actively engaged adults with "snapshots" of the cultural, political, safety, legal and justice, educational, and health and human services climate of our community through site visits, interactive activities, and contact with community leaders. The goal is to inspire and better equip adults to enhance positive change and growth in the community, while enriching their own lives. TALL Class 10 will meet on Tuesdays from January 23 – March 13, 2018. **Applications for the program are currently available and are due by December 8, 2017.** Contact Hella.Spellman@Talgov.com or call 850-891-4007 for more information and/or to receive an application.

For more information on the Senior Center, community center programs, activities and events, take a tour, call 891-4000 or visit Talgov.com/Seniors. For more information on the Tallahassee Senior Foundation, visit www.TallahasseeSeniorFoundation.org/. 

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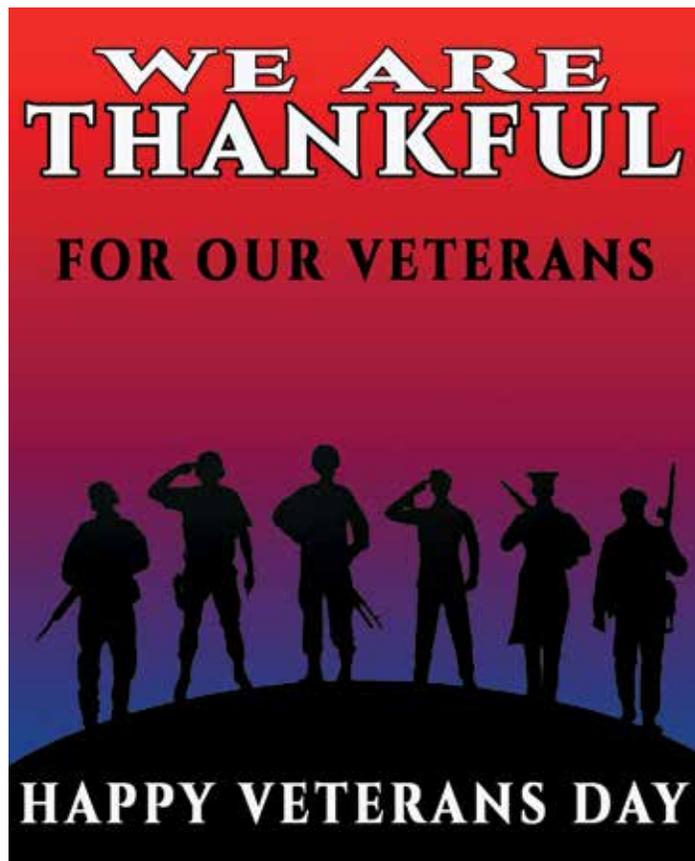
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One Blood Bus at Killearn United Methodist Church

Stop by and donate blood on Sunday December 10th in the parking lot across the street from Killearn United Methodist Church from 9 AM to 1:30 PM. Blood donations profoundly affect the lives of patients in our community. In many cases one donation could impact or even save the lives of three people. Generally, healthy people age 17 or older who weigh at least 110 pounds can donate blood; identification is required prior to donation. To make an appointment go online to www.oneblooddonor.org and use sponsor code #G0211, or email Melanie at callawaymelanie@gmail.com. Drop-ins are welcome. 🍀



Trent's Touch



The Trent Trot 5K and 1 Miler has become a focal point in assuring Trent McElroy's legacy. The race, a philanthropic effort of the Roberts Elementary faculty and staff, was formerly known as the Roberts Red Fox Trot but was renamed as the Trent Trot after Trent lost his long battle with cancer on November 13, 2013. These races allow his neighbors, classmates, teachers, family and friends to celebrate his life and provide hope and support for others.

The Trent's Touch Foundation Board of Directors created a process for seeking and evaluating cases where local families are facing childhood cancer. To date, twenty-eight families have received financial support from the Foundation and the hope is to find more Warriors like Trent that the Foundation can assist. This non-profit Foundation is run by your neighbors and all recipients of the Warrior Awards are from the local area. With a voluntary board of directors and support of local families, this is truly a community effort with neighbors helping neighbors.

This year, the Trent Trot 5k will be run (or walked) on January 27th, at 8:30 a.m. at Roberts Elementary School at 5777 Pimlico Drive. The 5K will be run through Dublin Downs and the 1 Miler, starting at 9:30 a.m. will be run mostly on school grounds. The race organizers and volunteers, collectively "Team Trent," hope you will be able to support and/or attend this big upcoming event. It is truly a family environment that is here in our extended neighborhood. For you runners, it is a chip-timed event and there will be age group awards for the top three in each 5-year age group. There will be trophies including overall, masters, grandmasters and age group winners.

Information about Trent, the Trent Touch Foundation, the Trent Trot race, registration, and sponsorship is available at <http://trentstouch.com>. If you have questions please contact the race directors at trenttrot5K@gmail.com or 488.0923. Hopefully, you will be motivated to get out and support your neighbors or contribute to this great event. 🍀

Submitted by Team Trent via Kim McFarland and Kim Vinson – Race Directors

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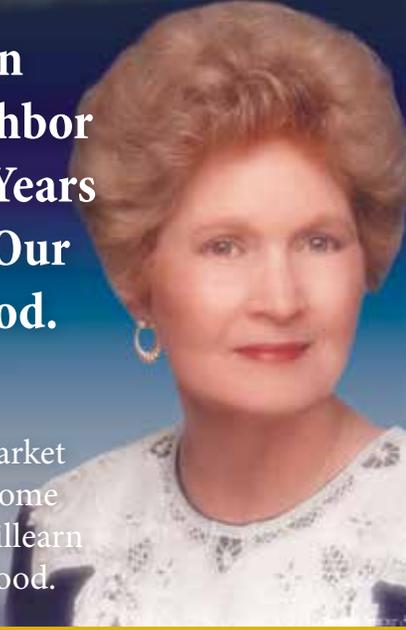
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2017 VOLUNTEER OF THE YEAR AWARD CHARLEY M. SCHWARTZ



Charley, his wife and two sons have been residents of Killlearn Estates since purchasing their home 12 years ago.

Who would have thought that his attending a monthly board meeting would have such a positive impact! Charley listened to the Maintenance Committee's report that evening and found he shared our same goals: protect our trees, eradicate invasive and exotic plants and repair our many aging parks. He eagerly

volunteered to assist with maintaining and enhancing our natural amenities that make Killlearn Estates special to us residents.

Plans became realities as he generously shared his environmental expertise with ideas and paths to tackle these issues using green practices, wherever practical. Charley first introduced us to the City's free mulch program to begin covering exposed soils and protect our tree roots.

One major project was the repair and restoration of Killarney Way Park that begged for attention since it receives the most visitors year round. Charley was invaluable in repairing this park. He also saw this as a perfect canvas to create a green infrastructure showcase where residents could come and see examples of gentler, more affordable ways to repair areas in their own yards. He designed detailed concepts that were followed to restore this park to her rightful health and beauty.

Charley was on site almost every day during the project including many evenings and weekends. He sought donated plants from his neighbors, then planted the landscaping along with his sons. He continues to monitor the park and uses collected rain water in our new rain barrels to water the new sod and plants during dry spells.

Charley worked similarly on Bay Shore Park, identifying the water runoff patterns, drew the design concepts, met with the parties involved and supervised the rain gardens installation. He coordinated the watering schedule of the new plantings with the neighbors, bringing supplies from home to ensure the success of this park. This brought the neighbors closer together and they embrace this park as their own and maintain it with TLC.

In a 50 yr old neighborhood, trees age too, and Charley has spearheaded our tree succession efforts. He spends his own time canvassing the neighborhood, noting where new trees could be planted and coordinated to have several trees planted this year through the City Adopt-A-Tree program. At Bay Shore Park he even considered the “bay” theme and selected a sweet bay & red bay. He donated a southern magnolia (aka bull bay) of his own.

During all of these projects, Charley offers the opportunity for students to earn Bright Futures scholarship merit hours. They help spread mulch, and they learn how, over time, that helps improve the soil, restore percolation, reduce storm water runoff and make for happier healthier trees. Charley taught them about the dwindling Monarch population so they planted Milkweed in several areas to attract them.

Charley is organizing a new neighborhood program called Park Rangers. In one Kloverleaf newsletter article, he requested that adults and students help monitor our 11 parks to keep an eye out for invasive/exotic plants, identify erosion areas, spread mulch and water new plants. They will continue to learn firsthand about green infrastructure and sustainable landscaping practices.

Just since the end of July, Charley has spread 14 truckloads of mulch in several parks. And that is in addition to the bags of pine straw he regularly collects from his yard to refresh our rain gardens. That is the kind of passion, care and time he shows for our neighborhood and our environment.

Charley’s enthusiasm is contagious and motivates us all. His contributions are making it possible for our committees to achieve the goals set for Killlearn Estates, in addition to teaching us how to be good stewards of this grand community we think is the best place to live.

Charley M. Schwartz, PE has over 20 years of private and public sector engineering experience. Mr. Schwartz has worked within a broad range of environmental fields including drainage, water quality, groundwater remediation and permitting. Mr. Schwartz presently works with the Leon County Public Works Department in the Engineering Services Division.

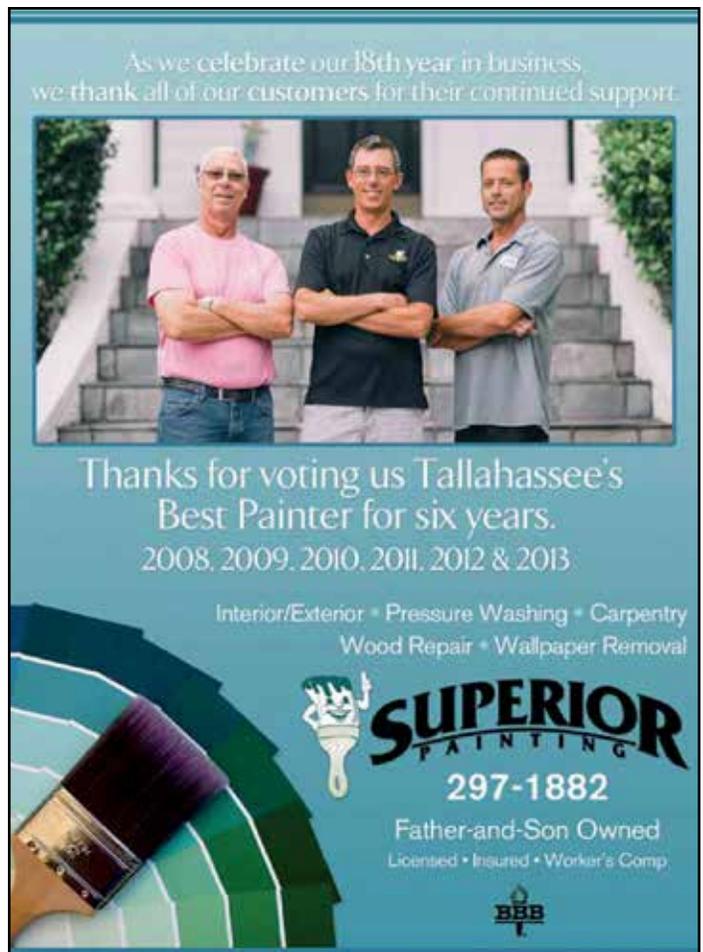
Since 2013 he has worked with the Tallahassee Museum to create and build a Green Infrastructure Education and Outreach program. He also established the Green Infrastructure Alliance of Tallahassee website (GIATALLY) to promote sustainable landscaping practices in the Big Bend area. Mr. Schwartz presently serves on the Board of Directors of Sustainable Tallahassee. Every now and then he gets the urge to dust off and play his award-winning educational card game, Mighty Trees. 🍀



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Briefs



A Year of Giving: Hang Tough Foundation

When a parent's worst fear becomes a reality, everything changes in an instant. Finding out that your child has a chronic, life altering illness or special need can completely overwhelm the entire family. Did you know there is a local foundation here in Tallahassee these families can turn to for help? The Hang Tough Foundation was created to help care for the entire family of a Hang Tough Hero, with a child between the ages of zero and 21 affected by a chronic, life altering illness or special need.

Founded by two moms of children facing leukemia, the Hang Tough Foundation looks beyond medical treatments to ensure that the mental and emotional health of a family remains intact after learning of

their child's fight. Marriages, sibling relationships, and friendships can suffer greatly as a family, understandably, bring focus to their child who has been diagnosed. Normal schedules, healthy habits like diet and exercise, and financial flexibility can quickly become a things of the past. It can soon feel like no one understands what you're going through -- whether you are a parent, a caregiver, a sibling or the diagnosed child.

All of the Hang Tough Foundation's programs are built to combat these pressures placed on families. At no cost, Hang Tough families participate in support groups, family fun nights, and Parent's Night Out events and more. Family members can receive free counseling. Children can receive free tutoring. Throughout the year, the organization hosts special events and gatherings focused on awareness for the many different diagnoses of the children that they serve.

Officially making their debut in February 2015, the foundation's network of families has grown dramatically -- now serving over 300 Hang Tough Heroes and their families. Beyond Hero Families, the foundation also offers opportunities for leadership through its board of directors, volunteer opportunities, and even scholarships for undergraduate students in health-related fields.

Who could know better what a family truly needs during the most difficult times than those who've been through it themselves? If you know a family who is in need of support, or if you would like to donate or get involved with Hang Tough Foundation, please visit their website at www.hangtoughfoundation.org. 

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Home & Garden

Next Month's Garden

Our cool, occasionally frosty days of December invite active gardeners outdoors to enjoy some invigorating work in the garden. Cleanup chores are at the top of the list, preparing the landscape for a fresh start next spring.

It is also an ideal time to work on eradicating invasive non-native vines. Now that frost has killed their leaves, invasive exotic vines that are strangling trees and shrubs, such as Chinese wisteria, kudzu, air potato, Japanese climbing fern, and Japanese honeysuckle, can be easily seen and removed.

Shrubs and Trees: This is an ideal time to plant trees and shrubs. Select container-grown trees three to six feet tall. Larger trees are more difficult to transplant. Among the trees that will do better if they're planted now are evergreen trees. Two low-maintenance evergreens native to North Florida with berries valuable to wildlife are yaupon holly (*Ilex vomitoria*) and southern wax myrtle (*Myrica cerifera*). Yaupon is a versatile plant which can be grown as an ornamental shrub or trimmed into a hedge. It will grow in a wide range of soils and in full or part sun. Wax myrtle is a large, fast-growing native shrub that can be pruned to grow as a tree.

Annuals and Perennials: Plant cool-season bedding plants like dianthus, pansies, violas, snapdragons, alyssum, digitalis (foxglove) and petunias. Feed winter blooming annuals every four to six weeks with a light application of a fertilizer containing 50% of its nitrogen in a slow-release form. Finish dividing and transplanting daylilies, mondo grass, ajuga, and liriop. Plant bare-root or container roses now. Finish sowing seeds of wildflowers and spring blooming annuals like larkspur, bachelors buttons, sweet peas, sweet alyssum, and poppies.

Bulbs, Corms and Tubers: Plant spring blooming bulbs as soon as possible, including narcissus, snowflakes (*leucojum*), anemones, and ranunculus. Pre-cooled tulips and hyacinths should be planted by December 15th.

Vegetables, Herbs and Fruits: Plant cool season vegetables including cabbage, broccoli, Brussel sprouts radishes, carrots, cauliflower, kohlrabi, mustard, onions, and turnips. Plant parsley, sage, rosemary, thyme, and lavender. Bare-root and container-grown fruit trees or blueberries can be planted all month. Kumquats are small evergreen trees. They are very ornamental and make excellent specimens in the landscape or in containers. Kumquats are pollinated



by bees. If they are being grown indoors, be sure to set the trees outside when they are in bloom to attract bees.

Lawn Care: Take a break from lawn care. Just be sure that leaves are mowed or raked off of the lawn so they don't smother and kill the grass.

Houseplants: Most houseplants need high humidity. Increase humidity by grouping plants together or by placing the containers in saucers filled with pebbles just covered with water. Houseplants that become lighter in color or have very long spaces between branches or stems need more light. Move them closer to, but not touching, the windows. 🍀

For more local gardening information, visit the UFIFAS Extension website for Leon County at <http://leon.ifas.ufl.edu> Reprinted with the permission of the University of Florida IFAS Extension in Leon County.

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Business

Maintenance Committee Report

By **Gloria M. Arias**

Vice President & Maintenance Chair, KHA

This last October, Shamrock South Park was updated with new playground pieces including horseshoes.

The slide remains! In fact, all the "retro" equipment is still there - with a fresh new look - all in perfect working order. They just needed a little TLC. A new neighbor whose family frequents the park, suggested we paint the retro pieces rather than replace them. With KHA's approval, I obtained bids from three, professional painters, all the same, reasonable price.

Louis Sirois, of Fresh Start Painting, one of the bidders, offered to perform the job at no cost. Louis and his family live in KE and he makes it a practice to volunteer to give back to the community. Sherwin Williams at Kerry Forrest then learned of the project and contributed the paint and materials.

I selected a green paint color I hoped would match and lo and behold the name of color was Shamrock! The new equipment was installed shortly after the paint job and the green paint colors of old and new match perfectly. The retro equipment has a new lease on life.

The neighbors around Shamrock had asked for some adult activity like horseshoes, so two horseshoe pits were installed and fit nicely, just steps from the playground. Bring your own set of horseshoes or stop by the office to borrow one.

Another neighbor is beautifying the planting bed alongside the parking lot at his own expense to plant a new hedge and water it until it gets established.

A big thank you to resident and painter, Louis Sirois of Fresh Start Painting, and to all the homeowners who take an interest working in a combined effort with KHA to keep KE the best place to live and play.

The City stormwater work in Shamrock South Park commences November 27th with completion in March 2018.

KHA Maintenance Committee has proposed funds to stabilize the parking lot and replace planter boxes in 2018 to complete this park's update. 🍀



Killearn Homes Association, Inc. Profit & Loss Budget vs. Actual January through October 2017

	Jan - Oct 17	Budget
Ordinary Income/Expense		
Income		
6010 · INCOME-CURRENT DUES	551,285.83	552,000.00
6013 · INCOME-LATE FEES	5,125.00	7,000.00
6015 · INCOME-PRIOR DUES	0.00	4,500.00
6017 · ESTOPPEL	33,975.00	22,000.00
6018 · FINES	900.00	
6020 · DELINQUENT ACCT-Maintenance	175.00	100.00
6021 · DELINQUENT ACCT-INTER.	0.00	200.00
6022 · COLL. FEES-LEGAL	11,457.93	12,000.00
6024 · ADMIN. NOTICING COST	799.00	600.00
6030 · INCOME-OTHER	33,430.52	2,600.00
6033 · INCOME-ADVERTISING	32,094.13	48,000.00
6055 · CENTURYLINK COMMISSION	34,167.28	60,000.00
6057 · KILLEARN ESTATES SWIM CLUB	26,750.00	29,000.00
6830 · INCOME-INTEREST	295.28	500.00
7000 · TRANSFER FROM CIP RESERVE	0.00	114,000.00
Total Income	730,454.97	852,500.00
Gross Profit	730,454.97	852,500.00
Expense		
6052 · LICENSES & FEES	250.00	300.00
6560 · PAYROLL TAXES	9,820.54	16,000.00
66910 · Bank Service Charges	320.51	
6950 · MAINTENANCE	4,950.00	7,000.00
7050 · LAKES	21,264.24	40,000.00
7060 · LANDSCAPE IMPROVEMENTS	0.00	61,000.00
7100 · GROUNDS	67,698.40	85,000.00
7110 · ADDITIONAL GROUNDS SERV.	28,853.96	25,000.00
7120 · REPAIRS/MISC MAINTENANCE	5,554.18	5,200.00
7130 · SIGNAGE	822.06	
7251 · COVENANT REVITAL/ PRESERVATION	46,458.52	75,000.00
7270 · UTILITIES-COMMON AREAS	5,741.08	5,000.00
7271 · ASSN. CENTER - UTILITIES	3,511.71	5,000.00
7272 · CLEANING SERVICE	3,532.25	3,600.00
7325 · KE SWIM CLUB - SUPPLIES	2,601.40	5,000.00
7335 · KE SWIM CLUB - UTILITIES	4,751.18	5,000.00
7610 · PLAYGROUND/PARK IMPROVEMENTS	65,235.29	74,000.00
8050 · NEWSLETTER	42,629.00	60,000.00
8110 · ANNUAL ASSOC. MEETING	100.00	800.00
8170 · OTHER	0.00	5,000.00
8290 · FURNITURE & EQUIPMENT	0.00	2,500.00
8295 · OFFICE IMPROVEMENTS	869.45	10,000.00
8410 · MEMBERS STATEMENT	25.00	5,900.00
8411 · ANNUAL ELECTIONS	189.14	3,000.00
8420 · LEGAL & PROF. FEES	40,179.16	50,000.00
8425 · LEGAL FEES COLLECTIONS	9,447.18	
8580 · PAYROLL-SALARIES	123,270.98	165,500.00
8640 · ACCOUNTING/AUDITING	7,000.00	7,000.00
8645 · WEBSITE	3,292.47	7,000.00
8680 · AUTO EXPENSES-GENERAL	2,443.54	3,300.00
8710 · BANK CHARGES	21.00	
8730 · MISC. ADMIN. EXPENSE	11,796.30	8,000.00
8750 · EVENTS	14,926.89	18,500.00
8780 · INSURANCE-LIABILITY/ D&O/PROPER	10,815.00	21,000.00
8781 · INSURANCE - UMBRELLA POLICY	7,756.00	5,000.00
8782 · INSURANCE - WORKER'S COMP	2,059.00	3,400.00
8783 · INSURANCE-PROPERTY	3,757.31	
8784 · INSURANCE-DIRECTORS & OFFICERS	5,487.00	
8786 · INSURANCE - AGENCY FEES	0.00	1,500.00
8787 · INSURANCE-BUSINESS AUTO	501.00	
8850 · POSTAGE	3,816.78	5,000.00
8860 · PRINTING	1,908.38	2,000.00
8870 · COPY MACHINE	2,203.80	3,000.00
8940 · SUPPLIES-OFFICE	2,147.65	3,000.00
9500 · TELEPHONE	3,740.74	4,000.00
9880 · FEDERAL INCOME TAX	0.00	21,000.00
9945 · BAD DEBT	14,931.81	25,000.00
Total Expense	586,679.90	852,500.00
Net Ordinary Income	143,775.07	0.00
Net Income	143,775.07	0.00

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